

Models in Osteopathy and in other professions

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Theoretical models in osteopathic care and healthcare at large serve as essential frameworks that navigate the complexities of health, integrating realism, science, and subjectivity. These models allow practitioners to address the multifaceted nature of health and disease, balancing objective scientific knowledge with subjective patient experiences. This presentation explores the role of theoretical models within education and practice, where models are tools for guiding clinical practice, rather than direct representations of reality.

A key focus will be on the distinction between salutogenic and pathogenic approaches to health. Both underscore the importance of selecting and refining models based on their ability to improve patient outcomes. As new evidence emerges and healthcare environments evolve, the continuous update of views and theoretical models becomes essential to ensure their relevance and effectiveness. By integrating complexity, subjectivity, and emerging scientific insights, the evolution of these models can better support patient-centred care.

Ultimately, this presentation underscores the need for a dynamic, flexible approach to osteopathic education and practice, ensuring that future osteopathic physicians are equipped with up-to-date, evidence-informed models to meet the complex needs of modern healthcare.